

EVENT PROGRAM

APRIL 20-24, 2016 HILTON COLUMBUS AT EASTON FEATURED SPEAKER

Paul Grundy, MD, MPH, FACOEM, FACPM

Known as the "godfather" of the patient-centered medical home, he's an active social entrepreneur and speaker on global health care transformation.

www.ooanet.org/cme



A Collaboration of Ohio University Heritage College of Osteopathic Medicine and Ohio Osteopathic Association









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COMMUNITY HEALTH SERVICES

WE CARE

BUILDING A SOLID FOUNDATION

The Osteopathic Heritage Foundations is pleased to support the 2016 Ohio Osteopathic Symposium.

OHF is proud to support the following programs:

- J.O. Watson, DO, Memorial Lecture
- George L. Eckert, DO, Mentor of the Year Award

To learn more about the Osteopathic Heritage Foundations, please visit: www.osteopathicheritage.org

Osteopathic Heritage Foundations 1500 Lake Shore Drive, Suite 230 Columbus, OH 43204-3800

Phone (614) 737-4370



WELCOME TO OOS 2016

The 2016 Ohio Osteopathic Symposium marks the seventh year of collaboration between the Ohio Osteopathic Association and the Ohio University Heritage College of Osteopathic Medicine Society of Alumni and Friends. What a collaboration it has been for our osteopathic family!

This year, we are bringing together hundreds of DOs with the overall goal to advance the health of patients and prepare physicians to lead the transformation of primary care. Sessions on dermatology, orthopedics, cardiology, women's health and OMM address our changing health care system and some of society's most pressing health issues.

We are proud that the newest members of the osteopathic profession will be joining us at the Match and Mentor Celebration on Saturday evening. We urge you to attend and help welcome and celebrate the future of the osteopathic profession!

CME COMMITTEE CHAIRS

Robert W. Hostoffer Jr., DO, FACOP, FAAP - President, Ohio Osteopathic Association

Timothy D. Law Sr., DO ('94), MBA - President, Heritage College Society of Alumni and Friends





Hostoffer

Law

THREE EASY STEPS TO RECEIVE YOUR CME CREDIT

- 1. Sign in at the registration table. (Look for the balloons.) You only need to sign in once during the entire symposium.
- 2. Print your name clearly and indicate your AOA member number on the CME Verification Request Form to receive credit.
- 3. Complete the CME Verification Request Form (with your AOA number and email address). Indicate only the number of hours you attended, sign at the bottom and turn in with your evaluation packet at the Registration Desk before you leave. If you forget to submit it before leaving, you may fax the form to 740.593.9536.

The CME Verification Request Form can be found in the CME Verification and Evaluation Material folder you received at registration. Please note that there is only one CME Verification Request Form to complete, and you will only need to sign in once. Physicians must complete the CME Verification Request Form attesting to the total number of hours attended. Credit will be given only to physicians who return the form indicating the total number of hours attended. No credit will be given to physicians who fail to do so. Credit will be submitted directly to the American Osteopathic Association by the Ohio University Heritage College of Osteopathic Medicine. A certificate of attendance will be emailed or mailed to you approximately four weeks after the symposium.

CME GUIDELINES

The 2016 Ohio Osteopathic Symposium is designed to comply with the Uniform Guidelines for Accrediting Agencies of Continuing Medical Education. Questions or complaints concerning the program should be directed to the Ohio University Heritage College of Osteopathic Medicine Office of Continuing Medical Education at 740.593.2292. Additional compliance information may be obtained by contacting the American Osteopathic Association Division of CME at 800.621.1773.

CME CREDIT

A total of 33.0 hours of Category 1-A CME credit has been granted by the American Osteopathic Association. Credits will be granted according to the following schedule:

Wednesday, April 20	3.0 credit hours
Thursday, April 21	9.0 credit hours
Friday, April 22	8.5 credit hours
Saturday, April 23	9.5 credit hours
Sunday, April 24	3.0 credit hours

An additional 3.0 Category 1-A credits are available if you choose to complete an Outcomes Assessment Survey, which will be emailed to you approximately 60 days after the conclusion of the symposium.

WIRELESS INTERNET

You will have access to the Hilton's wireless internet during the educational sessions. In order to maximize efficiency and speed, please disable any wireless hotspots you have on your devices. Wireless hotspots can drag the Hilton's system down, causing it to crash. If you need to power your device, be sure to sit in the front row of the lecture room to have access to electricity and a power strip. Wifi login instructions are provided in your registration folder.

PROGRAM MATERIALS

PowerPoint presentations may be found on our secure website. Please refer to the handout in your registration packet for information on accessing these materials.

™ WEDNESDAY, APRIL 20 | TOTAL CREDITS: 3.0

TIME	FUNCTION	FACULTY	LOCATION	CME CREDITS
4:30-8:30pm	REGISTRATION AND EXHIBITOR SET-UP		EASTON LOBBY	
6:00-9:00pm	DERMATOLOGY FOR PRIMARY CARE ROUNDTABLE	Shannon M. Campbell-Trotter, DO ('06) Nicholas A. Benner, DO ('10) Ryan M. Carlson, DO ('04) Ramona M. Sarsama Nixon, DO ('05) Michael J. Holsinger, DO ('03) Alison D. Himes, DO ('07) Frank Morocco Jr., DO	EASTON A/B	3.0

THURSDAY, APRIL 21 | TOTAL CREDITS: 9.0

TIME	FUNCTION	FACULTY	LOCATION	CME
				CREDI
7:00am-5:00pm	REGISTRATION		EASTON LOBBY	
7:00-8:00am	CONTINENTAL BREAKFAST		EASTON LOBBY	
8:00am-5:00pm	EXHIBITS OPEN		EASTON LOBBY REGENT LOBBY	
8:00-10:30am	CARDIAC UPDATE FOR THE PRIMARY CARE PHYSICIAN • Evaluation and Treatment of Syncope • Cardiovascular Risk Reduction • Pre-op Risk Stratification in Non-cardiac Surgery • Prosthetic Heart Valves: What a Primary Care Physician Should Know	David J. Nicholson, DO ('04), FACC Jayme L. Rock-Willoughby, DO ('06), FACC Nicholas E. Maksim, DO RPh ('04) Vipin B. Koshal, DO ('01), FACC	EASTON A/B	2.5
10:30-11:00am	REFRESHMENT BREAK/VISIT EXHIBITS		EASTON LOBBY REGENT LOBBY	
11:00am-noon	PSYCHIATRY: Evaluating Suicide and Self Harm	Michael B. Knable, DO ('86)	EASTON A/B	1.0
Noon-1:30pm	HERITAGE COLLEGE LUNCHEON: ALL WELCOME			
	SINGLE ACCREDITATION: An Opportunity and Challenge for Osteopathic Medicine	Robert A. Cain, DO ('88), FACOI		
	ANNOUNCEMENT OF NAMING AND APPOINTMENT: Osteopathic Heritage Foundation Harold E. Clybourne, D.O., Endowed Research Chair in the Heritage College of Osteopathic Medicine	Kenneth H. Johnson, DO, FAAO Heritage College Executive Dean Richard A. Vincent, MBA, President & CEO, Osteopathic Heritage Foundations Brian C. Clark, Ph.D., Clybourne Endowed Chair	REGENT BALLROOM	1.5
1:30-3:30pm	ORTHOPEDIC UPDATE When to Refer Your Patient to An Orthopedic Surgeon for Distal Upper and Lower Extremity Injuries · Foot/Ankle · Hand/Wrist · Current Concepts in TKA Design	Nicholas A. Cheney, DO ('07) Ryan D. Klinefelter, MD Ryan M. Palmer, DO ('09)	EASTON A/B	2.0
2:00-4:00pm	ADVOCATES (AOOA) BOARD MEETING		LILAC	
3:30-4:00pm	REFRESHMENT BREAK/VISIT EXHIBITS		EASTON LOBBY REGENT LOBBY	
4:00-5:00pm	PEDIATRICS: Reducing Adolescent Substance Abuse: What You May be Missing	William R. Morrone, DO, MS	EASTON A/B	1.0
4:00-5:30pm	OHIO OSTEOPATHIC FOUNDATION (OOF) BOARD MEETING		MAGNOLIA	
5:00-6:00pm	PEDIATRICS - IMMUNIZATION UPDATE	Stanley E. Grogg, DO, FACOFP, FAAP	EASTON A/B	1.0
6:30-8:30pm	OHIO ACOFP ANNUAL MEETING & DINNER: ALL WELCOME Novo Nordisk sponsored lecture: A Once-Daily Basal Insulin Option for the Primary Care Management of Diabetes*	Larry Anderson, DO, FACOFP Edward E. Hosbach, II, DO ('87) Jeffrey S. Freeman, DO	REGENT BALLROOM	*No CM

LIGHT DINNER & WORKSHOP DERMATOLOGY FOR PRIMARY CARE ROUNDTABLE

Shannon M. Campbell-Trotter, DO ('06), serves as course director for this unique workshop designed to encourage interaction, group discussion and problem-solving. Dr. Campbell-Trotter leads a team of expert faculty who will move from group to group and teach participants how to identify and treat the most common skin disorders seen in primary care. Focus will be on recognizing and beginning initial treatment of the less common, but more serious, skin disorders and determining which patients should be referred for dermatology consultation. Identification of malignant and premalignant skin tumors will be covered, as well as evaluation of appropriate biopsy options, management options and referral criteria.

○ 6:00 PM - 9:00 PM | EASTON A/B

OHIO ACOFP MEETING & DINNER

ALL ARE WELCOME TO ATTEND

Edward E. Hosbach, II, DO ('87) will be installed as president. Larry D. Anderson, DO, National American College of Osteopathic Family Physicians president, will also provide an update of events happening at the national level. The evening dinner program is sponsored by Novo Nordisk and includes a medical update on diabetes.

Once-Daily Basal Insulin Option for the Primary Care Management of Diabetes* | Jeffrey S. Freeman, DO

*No CME credit for this session

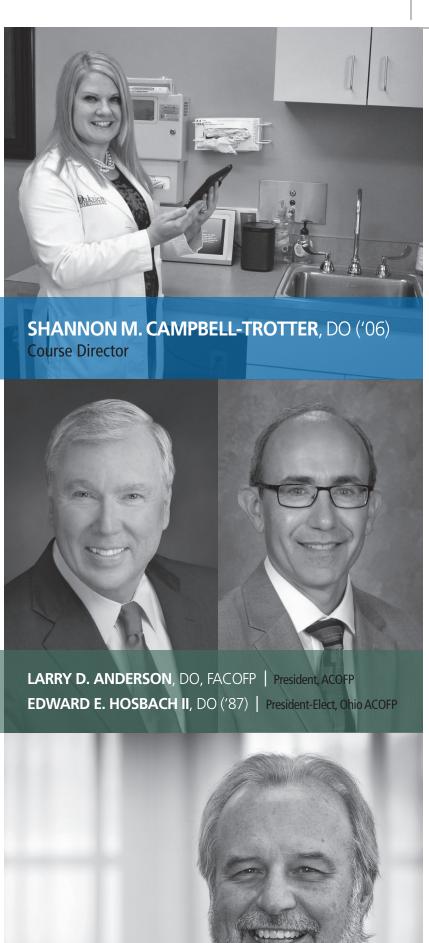
THURSDAY, APRIL 21, 2016

○ 6:30 PM - 8:30 PM | Regent Ballroom

J.O. WATSON, DO MEMORIAL LECTURE

GROWTH HORMONE, MINI-MICE, FOOTBALL, DIRTY SHORTS, AND A NEW DRUG

John J. Kopchick, Ph.D. was selected to deliver the annual lecture, a prestigious, long-standing tribute to one of Ohio's most respected DOs, the late J.O. Watson. The award honors individuals who have made a significant contribution to the advancement of health care, osteopathic medical education or research. Thanks to the generous support of the Osteopathic Heritage Foundations, the lecture award carries an honorarium and a \$5,000 charitable contribution in the recipient's name to an osteopathicsupportive endowment, college, university or foundation of the lecturer's choice.





FRIDAY, APRIL 22 | TOTAL CREDITS: 8.5

TIME	FUNCTION	FACULTY	LOCATION
7:00-8:00am	REGISTRATION		EASTON LOBBY
7:00-8:00am	CONTINENTAL BREAKFAST		EASTON LOBBY
8:00-11:45am	EXHIBITS OPEN		EASTON LOBBY REGENT LOBBY
8:00-9:00am	NEUROLOGY: Treatment Options for Chronic Migraines	Martin T. Taylor, DO, Ph.D.	EASTON A/B
9:00-10:00am	ENT: Thyroid Nodules and Malignancies	Adan Fuentes, DO ('03)	EASTON A/B
:00am-5:00pm	RESIDENT LEADERSHIP PROGRAM	Franklin J. Medio, Ph.D. Jack Valancy, MBA	JUNIPER B/C
9:30-11:30am	ADVOCATES BREAKFAST & GENERAL MEETING		LILAC
10:00-10:30am	REFRESHMENT BREAK/VISIT EXHIBITORS		EASTON LOBBY REGENT LOBBY
10:30-11:30am	J.O. WATSON, DO, MEMORIAL LECTURE: Growth Hormone, Mini-Mice, Football, Dirty Shorts, and a New Drug	John J. Kopchick, Ph.D. Goll-Ohio Eminent Scholar	EASTON A/B
1:30am-noon	AOA – UPDATE FROM THE PRESIDENT	John W. Becher, DO, FACOEP, FAAEM	EASTON A/B
Noon-1:30pm	OOA LUNCHEON & INSTALLATION – ALL ARE WELCOME The Osteopathic Pledge: Renewing Your Commitment	Geraldine N. Urse, DO ('93) FACOFP President-Elect, OOA	REGENT BALLROOM
1:30-2:30pm	EMERGENCY MEDICINE: Common Office Emergencies – What to Do After You Call 911	Gary D. Richardson, DO	EASTON A/B
1:30-3:30pm	OOA HOUSE OF DELEGATES		EASTON C/D/E
2:30-3:30pm	EMERGENCY MEDICINE: NHS – The Good, The Bad, and The Ugly	Alon Duby, MBBS	EASTON A/B
3:15-3:45pm	REFRESHMENT BREAK – GRAB AND GO		EASTON LOBBY
3:30-5:30pm	HOUSE OF DELEGATES – REFERENCE COMMITTEES · Professional Affairs · Constitution/Bylaws · Ad Hoc · Public Affairs		MAGNOLIA NEW ALBANY B.R. LILAC EASTON C/D/E
3:30-4:30pm	SPORTS MEDICINE: Top Ten Office Orthopedic Examination Techniques: What They Mean and What They Don't	Joseph J. Ruane, DO	EASTON A/B
4:30-5:30pm	PRIMARY CARE/WOMEN'S HEALTH: The Sensitive Approach to Common Women's Health Issues in Primary Care Practice: From Menopause to Vulvodynia	Melissa O. Juliano, DO ('09)	EASTON A/B
6:00-7:30pm	COCKTAIL AWARDS RECEPTION – ALL ARE WELCOME Honoring Your Osteopathic Peers		REGENT BALLROOM

PRIZE DRAWINGS VISIT EXHIBITS AND WIN!

Look for prize cards in your registration packet. Each card completed with exhibitors' signatures qualifies for one chance to win, for a total of four chances. DOs (not spouses or children) must personally have the cards signed. Sorry, residents and students are not eligible. Physicians must be present when the raffle is conducted during Sunday's Farewell Brunch to win. The Grand Prize drawing is sponsored by the Ohio Osteopathic Association and the Heritage College Society of Alumni and Friends. Funding for the raffle does not come from exhibit fees.

Exhibits are open Thursday, 8:00 a.m.- 5:00 p.m., and Friday morning until 11:45 a.m. The Grand Prize is \$1,500; Second Prize is \$1,000; and Third Prize is \$500.

AOA UPDATE

AN ADDRESS FROM THE PRESIDENT

John W. Becher, DO, of Pennsylvania, has practiced emergency medicine for more than 40 years. During that time, osteopathic medicine has seen exponential growth. And with 60 percent of DOs practicing in primary care, Becher believes the profession is well-positioned to help address the country's primary care shortage. His goals for this year include increasing awareness of osteopathic medicine, supporting research pilot projects documenting the impact of osteopathic medicine, creating new osteopathic-focused residency programs, and boosting advocacy efforts at the state and federal level.

☆ FRIDAY, APRIL 22, 2016

OSTEOPATHIC PRIDE AND COMMITMENT

Renew your commitment to the osteopathic medical profession and celebrate the installation of Geraldine N. Urse, DO, of Columbus as the new Ohio Osteopathic Association president.

Dr. Urse embodies the Osteopathic Pledge of Commitment, and others have noticed. She was named OOA Mentor of the Year, as nominated by medical residents; received Master Faculty and Outstanding Alumna awards from Ohio University Heritage College of Osteopathic Medicine; was named Outstanding Family Physician by the Centers for Osteopathic Research & Education; received Prism Awards from OhioHealth for compassion and stewardship; received the Columbus Osteopathic Association's highest honor; and was elected to the OOA and the Ohio American College of Osteopathic Family Physician governing boards multiple times.

FRIDAY, APRIL 22, 2016

○ Noon – 1:30 PM | Regent Ballroom

EMERGENCY MEDICINE

NHS: THE GOOD, THE BAD, AND THE UGLY

Dr. Alon Duby is a visiting lecturer from England. He is a military consultant in emergency medicine and is currently serving as surgeon commander of the Royal Navy. Dr. Duby also holds the esteemed position as Honorary Senior Clinical Lecturer at the University of Birmingham in England.



JOHN W. BECHER, DO, FACOEP, FAAEM President, American Osteopathic Association



GERALDINE N. URSE, DO ('93), FACOFP President-Elect, Ohio Osteopathic Association



Surgeon Commander, Royal Navy, England

SATURDAY, APRIL 23 | TOTAL CREDITS: 9.5

TIME	FUNCTION	FACULTY	LOCATION	CMI CRED
7:00am-5:00pm	REGISTRATION		EASTON LOBBY	
7:00-8:00am	CONTINENTAL BREAKFAST		REGENT LOBBY	
7:00am-1:00pm	POSTER EXHIBITION & COMPETITION		REGENT BALLROOM	-
8:00-9:00am	PM&R: Modifiable Burnout Biomarkers and Rehabilitating the Autonomic Nervous System	Raouf S. Gharbo, DO ('93)	EASTON A/B	1.0
9:00-10:00am	REFRESHMENT BREAK - VIEW POSTERS		REGENT BALLROOM	•
10:00-11:00am	YOU ARE THE KEY TO HPV PREVENTION: Understanding the Burden of HPV Disease, the Importance of the HPV Vaccine Recommendations, and Communicating About the HPV Vaccination	Jody M. Gerome, DO ('05)	EASTON A/B	1.0
11:00am-noon	KEYNOTE ADDRESS: The Patient Centered Medical Home: The Foundation of Transformation	Paul Grundy, MD, MPH, FACOEM, FACPM	EASTON A/B	1.0
Noon-1:30pm	LUNCH ON YOUR OWN			
Noon-1:30pm	RESEARCH WORKSHOP – (REGISTERED IN ADVANCE) Engaging Community in Scholarly Activities: How Do I Get Started?	Grace L. Brannan, Ph.D. Robert W. Hostoffer, DO, FACOP, FAAP Kimberly J. Wolf, DO	EASTON A/B	1.5
Noon-1:30pm	DISTRICT ACADEMY CAUCUS MEETINGS · Akron/Canton · Cleveland · Columbus · Dayton · Small Academies		EASTON C/D/E LILAC JUNIPER B MAGNOLIA JUNIPER C	
1:30-3:30pm	ADVOCATES BOARD MEETING		MAGNOLIA	
1:30-3:30pm	DIABETES IN THE ELDERLY · Cases of Diabetes in the Elderly: A Management Discussion · Differentiating Between Depression and Dementia in Older Adults with Diabetes	Amber M. Healy, DO ('09) Elizabeth A. Beverly, Ph.D.	EASTON A/B	2.0
3:15-3:45pm	REFRESHMENT BREAK – GRAB AND GO		EASTON LOBBY	
3:30-5:30pm	OOA HOUSE OF DELEGATES		EASTON C/D/E	
3:30-5:30pm	OMM WORKSHOP Everyday OMM: Tips & Tricks for Your Practice	Kimberly J. Wolf, DO	EASTON A/B	2.0
5:30-6:30pm	OHIO WOMEN IN MEDICINE LEADERSHIP ACADEMY: How Do We Do It?: Work-Life Balance and the Female Physician	Paige S. Gutheil Henderson, DO ('02) Olivia Ojano-Sheehan, Ph.D.	JUNIPER B/C	1.0
6:30-8:30pm	PASS THE TORCH: MATCH & MENTOR CELEBRATION ALL WELCOME Networking Event with Students/Residents		REGENT BALLROOM	

SUNDAY, APRIL 24 | TOTAL CREDITS: 3.0

TIME	FUNCTION	FACULTY	LOCATION	CME CREDITS
7:00-11:00am	REGISTRATION		EASTON LOBBY	
8:00-11:00am	OPIATE ADDICTION/CHRONIC PAIN SESSION · Marijuana and Pain Management: What are the Facts? · Identifying and Taking Care of Your Drug Dependent Patients · Ohio's Prescribing Guidelines for Acute Pain · A Legislator's View of Ohio's Opioid Epidemic · An Update in OARRS and Medical Board Rules · Panel Discussion	Stephanie Abel, PharmD, BCPS Elizabeth Lottes, DO ('95) Cynthia S. Kelley, DO ('01) State Rep. Robert Sprague Kim Anderson, Chief Legal Counsel, OSMB Moderated by Cleanne Cass, DO	EASTON A/B	3.0
11:00am-12:30pm	FAREWELL BRUNCH		REGENT BALLROOM	

THE SIXTH ANNUAL REGIONAL OSTEOPATHIC POSTER EXHIBITION AND COMPETITION

SPONSORED BY:

Ohio University Heritage College of Osteopathic Medicine Centers for Osteopathic Research and Education and Ohio Osteopathic Association

Refreshments provided

SATURDAY, APRIL 23, 2016

○ 7:00 AM – 1:00 PM | Regent Ballroom



KEYNOTE ADDRESS

THE PATIENT CENTERED MEDICAL HOME: THE FOUNDATION OF TRANSFORMATION

Paul Grundy, MD, MPH, FACOEM, FACPM, the nation's leading advocate for health care delivery and payment reform through the Patient-Centered Medical Home (PCMH) model, will keynote the 2016 Ohio Osteopathic Symposium. As the "Godfather of PCMH," Grundy has championed efforts to shift health care delivery towards consumer-focused, primary-care based systems. His passion and advocacy are credited for advancing the concept, which has been shown to improve quality and lower the cost of care.

☆ SATURDAY, APRIL 23, 2016

○ 11:00 AM – 12:00 PM | Easton A/B

PAUL GRUNDY, MD, MPH, FACOEM, FACPM Keynote Speaker

PASS THE TORCH

MATCH AND MENTOR CELEBRATION

ALL ARE WELCOME

PRESENTED BY:

The Heritage College Society of Alumni and Friends, Osteopathic Heritage Foundations, and Ohio Osteopathic Association, in partnership with the Heritage College Office of Student Affairs.



SATURDAY, APRIL 23, 2016

○ 6:30 PM – 8:30 PM | Regent Ballroom

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YOU

SHAPE THE FUTURE OF **OSTEOPATHIC MEDICINE**

When it comes to teaching and mentoring our future doctors, there is no substitute for physician instructors. The knowledge you impart to Heritage College students plays a critical role in addressing the most pressing medical needs in our state and nation.

Join us and share our commitment to medical education, discovery and improved cared for patients. Become our partner today and help train our students and residents in preclinical, clinical and post graduate medical education.

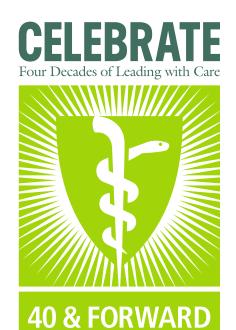
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CARE LEADS HERE



PARTNERS FROM THE BEGINNING

The Ohio University Heritage College of Osteopathic Medicine is celebrating its 40th anniversary, a milestone that would have been impossible without the support of the Ohio Osteopathic Association. The two have cultivated a four-decade relationship that began with the seed of an idea: growing the number of primary care doctors in Ohio.







Let's PULL Together

PRIDE • UNITY • LOYALTY • LEGACY

Leave a Legacy to Sustain the Osteopathic Profession in Ohio

MAKE YOUR TAX-DEDUCTIBLE DONATION TODAY: 800-234-4848 • www.ooanet.org

teamwork and pulling together for a common goal. Let's do that for our profession. We will strengthen the future of osteopathic medicine and lead the transformation of health care in Ohio if we all PULL together. >>>

Robert W. Hostoffer, Jr., DO, OOA President, 2015-2016