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2012 Symposium Review

Osteopathic Family Gathers for CME, Research, Policy-Making



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Osteopathic Physician

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Story by Jan O'Daniel | Photography by John Sattler

hat do you get when you combine four session-packed days, countless lectures, hours and hours of continuing medical education, one presidential installation, five leadership elections, dozens of awards, and several evenings filled with social, resident and alumni interaction? **It's the 2012 Ohio Osteopathic Symposium**.

Called "the best meeting ever" by many, the 2012 Ohio Osteopathic Symposium of the Ohio Osteopathic Association and Ohio University Heritage College of Osteopathic Medicine held April 19-22 in Columbus drew a statewide attendance of more than 500 physicians, residents and vendors, along with several national dignitaries.

What began two years ago as a trial partnership between OU-HCOM Society of Alumni & Friends and the OOA, said co-chair Timothy J. Barreiro, DO, of Youngstown, has evolved into a collaborative networking and education event that unites the entire osteopathic family.

"This event lets osteopathic physicians from all over see the network from a state, national and policymaking level," he said. "While driven by the primary care mission of the University, this event is bigger than that, helping strengthen the osteopathic profession as a whole." CME DIVERSIFICATION

ne of the biggest draws this year was the expanded array of speakers and continuing medical education (CME) offerings. "We intentionally diversified our CME offerings this year," said co-chair and OOA president-elect, Robert L. Hunter, DO, of Dayton.

STORY CONTINUED ON PAGE 4





Above: Robert S. Juhasz, DO, (at podium) and Richard A. Whitehouse, executive director of the State Medical Board of Ohio, present "Maintenance of Licensure and Osteopathic Continuous Certification." Left: Petronilla Fruasaha, OMS I, presents her poster "CRAC channel and pH-sensitive response in Jurkat T Cells" to Frank L. Schwartz, MD, and Joseph Bianco, PhD. There were 82 abstracts submitted for the Regional Poster Exhibition & Competition.

STORY CONTINUED FROM PAGE 2

"We added extra lectures and speakers from multiple disciplines and set up education tracks so physicians could choose what mattered to them most, including family practice and specialty credit in select disciplines. The 2012 Symposium CME offerings were not just good, but excellent—and next year will be even better."

Case in point: the *Update on the Treatment and Prevention of Ischemic Stroke* lecture by John Kylan Lynch, DO, of the National Institutes of Health, featuring the newest stroke interventions. Hunter said this example shows how the planning committee "went above and beyond to secure excellent lectures."

In addition to Lynch's presentation and 28.5 hours of available Category 1-A CME credit, the event also featured Andrea Amalfitano, DO, PhD, professor of Pediatrics, Microbiology and Molecular Genetics at Michigan State University College of Osteopathic Medicine, who presented the JO Watson, DO, Memorial Lecture, an award sponsored jointly by the Ohio Osteopathic Foundation and Osteopathic Heritage Foundation. Amalfitano spoke on the topic, *Expanding the Frontiers* of Osteopathic Research to Address 21st Century Medical Needs.

"I think that if you look at it from a holistic standpoint, there was a wide range of CME education available for all specialties, from ophthalmology to emergency to orthopedic surgery," Hunter said. "The feedback I got from the crowd was that they were very impressed. Everyone took away a lot as far as educational material."

The Symposium also included opportunities for leadership, OOA members and residents to come together in more casual settings over dinner, in their own groups or with pharmaceutical companies, dignitaries or colleagues. Plans for next year's Symposium are already underway and include broadening CME offerings even more.

Research Focus

he 2012 Symposium also drew the largest participation to date in the annual Poster Exhibition & Competition with representation from osteopathic schools and hospitals from Ohio and surrounding states. The 2012 Symposium CME offerings were not just good, but excellent—and next year will be even better. —Robert L. Hunter, DO, Symposium Co-Chair

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<image>



consortium sites and unite them with advocacy, research and scholarly activity," Barreiro said. "We've gone from seeing just 10 posters to more than 70 in this year's competition. The Symposium is a way for us to help promote research, from how to set up a study and do a poster to how to work better with colleagues and develop critical skills. Our future lies with the residents and medical students, and the only way to bring youth back into this program is to give them scholarly activities like we did this year."

2013 Plans Started

B arreiro encouraged OOA members to become involved in next year's Symposium now. "If you want to get involved, contact Laurie Lach or Laura Whitt," he said. "We have sign-up sheets at events and on the OU-HCOM web site, but we're always looking for people to come and teach, take a student on clinical rotations or become involved in policymaking."

Apply to become one of our esteemed presenters!

OHIO OSTEOPATHIC SYMPOSIUM

May 16-19, 2013 Hilton Columbus at Easton

Call for Presentations

Applications are currently being accepted for presentations at the 2013 Symposium. Application deadline is October 1, 2012. For more information, please visit www.ooanet.org/cme. Top left: Liberty A. Eberly, DO (left) of Pennsylvania, and Ebunoluwa Wion, DO, of Columbus, participate in the evening lecture. Top right: Melissa O. Juliano, DO, a resident at Summa Western Reserve Hospital, discusses her poster with Symposium Co-Chair Timothy J. Barrerio, DO (left); and Victor Heh, PhD. Above: Joan Wehrle, of the State Medical Board of Ohio, was an exhibitor at the Trade Show. Left: William J. Burke, DO, and Geraldine N. Urse, DO, both of Columbus, attend the special reception in honor of OU-HCOM Dean Jack Brose, DO.

Award Winners / Exhibitors

Ramey Installed as President

ohn F. Ramey, DO, a family physician from Huron, was installed as OOA president at a luncheon ceremony, April 21, during the Ohio Osteopathic Symposium.

A leader of the osteopathic profession at the state and local levels, he has been a longtime member of the OOA Board of Trustees and Executive Committee, served in every capacity of the 5th District Academy of Osteopathic Medicine and has participated for many years in both the OOA and AOA House of Delegates. He has also served on the Ohio University Heritage College of Osteopathic Medicine alumni board.

Ramey is currently medical director at the Ohio Veterans Home in Sandusky, a residential state facility providing independent domicile, a nursing home and skilled nursing care.

The 1992 OU-HCOM graduate completed his post-graduate training at Firelands Regional Medical Center (FRMC), where he continues to be involved in medical education by serving as a preceptor and clinical assistant professor of geriatric medicine for the Family Practice residency. He also precepts and provides medical care to the residents of Kelleys Island via the local health department's outreach clinic.

His professional interests include geriatric and long-term care medicine and hospital physician staff relations, having served as chair of the Department of Family Medicine and chief of staff at FRMC.

He and his wife Kelly L. Ramey, DO, have two sons.

As president, Ramey will represent the 4,700 osteopathic physicians in the state as well as osteopathic medical students. In Ohio, 12 percent of all physicians are DOs and 54 percent of all primary care physicians are DOs.



Brose Receives OOA's Highest Honor



Jack Brose, DO, who will retire from his position as dean of Ohio University Heritage College of Osteopathic Medicine (OU-HCOM) effective July 1, received the OOA

Distinguished Service Award during a special reception held in his honor at the Ohio Osteopathic Symposium. The award is the organization's highest honor and only one is granted annually. Nominations must be approved unanimously by the OOA Board of Trustees.

Under Brose's leadership, the fifth largest donation ever given to a medical school in the United States was made to OU-HCOM. The \$105-million gift from the Osteopathic Heritage Foundations will be used to open a regional extension campus in central Ohio by 2014, build a new Diabetes/Endocrine Clinical Treatment Research Center and a new facility for the Ohio Musculoskeletal and Neurological Institute, fund a major transformation of the college's curriculum, and provide new scholarships for students and loan forgiveness programs for graduates.

During his tenure as dean, Brose oversaw a 40-percent increase in enrollment, redevelopment of the college curriculum and renovation and construction of new facilities, including the \$34.5-million Academic & Research Center.

Throughout his career at OU-HCOM, including his time as dean, he has continued to practice medicine and volunteer in the college's free Community Clinic, which he founded in 2005.

Brose joined the college in 1982 and was named dean in November 2001. He will continue his faculty role at the medical school and assume new responsibilities in the University Provost office as senior executive director for health services and special assistant to the executive vice president and provost.

Life Members Recognized

The OOA salutes the Life Member Class of 2012 and thanks these 11 physicians for their commitment and dedication to the osteopathic profession. Life membership is granted when a physician reaches the age of 70 and has completed 25 consecutive years of OOA membership.

OOA Life Members, Class of 2012:

- George K. Adams, DO, Lorain
- Victor D. Angel, DO, Cincinnati
- John A. Balazs, DO, Dayton
- John M. Brace, DO, Ashtabula
- Robert J. George, DO, Bradenton, Florida
- Charles E. Hugus, DO, Malvern
- Daniel N. Larusso, DO, Wilmington, North Carolina
- Ralph L. Lyon, DO, Bucyrus
- Henry J. Parcinski Jr., DO, East Liverpool
- Thomas L. Rapp, DO, Baltimore
- Donald G. Spaeth, DO, Alpena, Michigan

Foster, Watson, Kessler Selected for Trustees Award

The OOA Board of Trustees recognized three physicians who have each made outstanding contributions to the osteopathic profession in Ohio.



E. Lee Foster, DO, who is in private practice in Cortland, has a long history of distinguished service. He is a past president of the OOA and the 12th District Academy. He

has served as a delegate at the AOA House of Delegates for 20 years and has been a member of the OOA House for even longer.

Currently, he serves on the Ohio Osteopathic Foundation (OOF) Board of Trustees and in 2006, he spearheaded the effort that led Warren General Hospital to contribute \$800,000 to the OOF to support osteopathic medical education, including the osteopathic pre- and post-doctoral educational programs at St. Joseph Health Center.

Always an advocate for osteopathic medical students, he served as director of Medical Education at Warren General and was one of the first fulltime clinical faculty at OU-HCOM, where he later earned the rank of full professor of Family Medicine.

Foster has also been active with the Ohio ACOFP Board of Governors, serving every office—including president in 1986-87. After his term as president, he served for 20 years as editor of *News & Views*, the Ohio ACOFP newsletter.



Prior to relocating out of state last year, Brian A. Kessler, DO, was a rising leader in the Ohio profession. He served on the OOA Board of Trustees for

five years, including a term as treasurer, and seven years on the Ohio ACOFP Board of Governors, including a term as president in 2010-2011. He also served terms as president of the Cleveland Academy of Osteopathic Medicine and the Ohio Osteopathic DMEs.

While in Ohio, he worked closely with osteopathic medical students, interns and residents and managed activities associated with the implementation of osteopathic training programs to meet AOA and specialty college requirements for pre- and postdoctoral training.

He is the recipient of Outstanding Family Physician awards from the Centers for Osteopathic Research and Education and Richmond Heights Hospital.

Kessler is currently associate dean at Campbell University School of Osteopathic Medicine in Buies Creek, North Carolina.



During the past 13 years, D. Keith Watson, DO, has served the Ohio profession as a leader in osteopathic medical education. He is currently chief academic officer for the Centers

for Osteopathic Research and Education (CORE) and associate dean of Graduate Medical Education at OU-HCOM. As of July 1, he will become president of Pacific Northwest University of Health Sciences in Yakima, Washington.

Watson's contributions have helped to make the CORE a gold standard among osteopathic medical institutions. He is largely responsible for taking the CORE from a statewide academic consortium to one of national prominence. He has worked to improve and promote osteopathic postgraduate education by developing new programs, conducting mock accreditation visits and increasing the visibility of osteopathic residency programs.

In addition to the CORE, he has served in numerous positions where he has had extraordinary impact on students, peers and academic institutions across the nation.

STORY CONTINUED ON PAGE 8

STORY CONTINUED FROM PAGE 7

His national service to the profession includes chair of the Council on Osteopathic Postdoctoral Training Institutions, chair of the Steering and Planning Committee for the Medical Education Summit I, and appointments to the AOA Educational Policy and Procedure Review Committee III and the National Board of Osteopathic Medical Examiners Blue Ribbon Panel.

Starr Named Mentor of the Year



Philip A. "Duke" Starr III, DO, of Warren, received the George L. Eckert, Jr., DO, Mentor of the Year Award, April 21, during the Ohio Osteopathic Symposium.

He was nominated for the award by three residents, who each submitted letters. They said Starr creates a feeling of family among his trainees, initiating several annual gatherings, hosting Thanksgiving dinner, encouraging participation at the OOA District Academy meetings and more.

His residents appreciate his compassion, calm demeanor, individualized support and accessibility, but also his clinical skills, including OMM. His bedside manner with patients is one to emulate.

Starr serves as director of the Family Practice Residency at St. Joseph Health Center, chief of the Family Practice Department, and CORE assistant dean. In all of these roles he has been a mentor and friend to osteopathic medical students and residents. But his dedication to guiding the next generation of osteopathic physicians first began when he was chief resident at Youngtown Osteopathic Hospital from 1998-2000 and then preceptor starting in 2001.

The award is named in memory of George L. Eckert, Jr., DO, a family physician from Columbus who counseled hundreds of medical students, residents, and new DOs throughout his 57 years in practice. At the time of his death last year, he served on the Osteopathic Heritage Foundations Board of Trustees. With funding from the Foundations, the Mentor of the Year award carries a \$1,000 donation to a charitable organization or any postgraduate training program of the recipient's choice.



Michigan DO Delivers Watson Lecture

Andrea Amalfitano, DO, PhD, professor of Pediatrics, Microbiology and Molecular Genetics at Michigan State University College of Osteopathic Medicine, received the JO Watson, DO, Memorial Lecture Award, April 20, during the Ohio Osteopathic Symposium. During his lecture, *Expanding the Frontiers of Osteopathic Research to Address 21st Century Medical Needs*, he noted that his research efforts have included study of some very difficult clinical problems, including a variety of genetic diseases, infectious diseases and cancer.

"As exemplified by Dr. Watson, I believe that my osteopathic training provides a unique framework for me to not only care for patients with a variety of rare and many times devastating illnesses, but also provides an incredible amount of confidence and guidance in my endeavors as a physician-scientist," Amalfitano said. "I am convinced that purposeful application of some of the basic tenets of osteopathic medicine to my research activities has directly resulted in several successes, including the development of advanced medical technologies that are now being deployed in clinical trials targeting colon cancer."

Amalfitano co-led a study of a novel therapy for a muscular dystrophy drug that was infused into babies dying from a rare genetic disease known as Pompe disease. As a direct result of that pioneering effort, that drug (now known as Myozyme) has been approved for use in Pompe patients worldwide.

Established in 1972, the JO Watson, DO, Memorial Lecture is an ongoing tribute to one of Ohio's most respected DOs. Watson was dedicated to the profession for more than four decades until his death in 1985. The award honors individuals who have made a significant contribution to the advancement of health care, osteopathic medical education or research. The Osteopathic Heritage Foundation provides a \$5,000 charitable contribution in the recipient's name to an osteopathic-supportive endowment, college, university or foundation of the lecturer's choice.

Van Nostran Receives Humanitarian Award

Sharon E. Van Nostran, DO, has always understood the importance of the physician's role in serving the community. To this end, she developed the *Family Medicine in the Community* curriculum at Summa Akron City



Family Medicine residency. Through the program, medical residents help the underserved in Summit County. With other hospital leaders from Summa Health System,

she has organized trips into poverty-

stricken areas within the community, bringing medical and social support resources to people in need.

For her work, Van Nostran received the M. Bridget Wagner, DO Humanitarian Award, April 21, during the Ohio Osteopathic Symposium.

Through her efforts, the hospital partnered with others in the community to help the growing refugee population in Akron. The city is designated by the federal government as a resettlement area for refugees who are natives of Bhutan, a poor, small nation in South Asia, and Myanmar. Van Nostran leads the group that includes representatives from several areas of the health system, Summit County Health District, Asian Services in Akron and Children's Hospital Medical Center of Akron.

Van Nostran, who serves as program director of the osteopathic residency at Summa, developed robust protocols and procedures for low English proficiency patients at the Family Medicine Center.

The Humanitarian Award is named for M. Bridget Wagner, DO, who posthumously received the honor in 2005. Wagner, who served on the OOA Board of Trustees at the time of her death in October 2004, was a dedicated advocate for the medically underserved in the US and abroad.

ODH Director Recognized for Meritorious Service



Theodore E. "Ted" Wymyslo, MD, who has worked in primary health care as a family physician, administrator and educator for more than 30 years, was

appointed last year by Ohio Gov. John Kasich to serve as the director of the Ohio Department of Health (ODH). At ODH, he has worked with Ohio's 127 local health departments and public and private health partners across the state to improve the health and wellness of Ohio's 11.5 million residents.

Prior to becoming director, Wymyslo served as the director of Family Medicine Dayton, a Patient-Centered Medical Home (PCMH) initiative. He continues to support the medical home concept and serves as chair of the Ohio PCMH Education Advisory Group, which is responsible for developing the model of care curriculum in medical and nursing schools in Ohio. The advisory group is also assisting 44 primary care practices as they transition to the PCMH model.

To recognize his dedicated service, OOA President Albert M. Salomon, DO, presented Wymyslo with a presidential proclamation during the Ohio Osteopathic Symposium.

Wymyslo is a native of Toledo and a graduate of The Ohio State University College of Medicine.

Shubrook Named Family Physician of the Year



Jay H. Shubrook, Jr., DO, of Athens, was named Ohio ACOFP Family Physician of the Year for his strong commitment to patient care, teaching and

research. The award was presented at a luncheon, April 19, during the Ohio Osteopathic Symposium.

The recipient of some 30 awards, Shubrook has been recognized as an outstanding preceptor, instructor, mentor, clinical presenter, researcher and family physician. In 2009, the national ACOFP named him Young Family Physician of the Year, an award he also won at the state level in 2003.

He is a past president of Ohio ACOFP and has served on numerous committees at the state and national level, including editor of the professional journal *Osteopathic Family Physician*.

He is the director of OU-HCOM's Clinical Research Unit and runs the Diabetes Fellowship Program—one of only two programs in the country that trains primary care physicians to become diabetes experts. His current research involves developing a dramatically novel method of treating patients newly diagnosed with Type 2 diabetes. The approach is leading some patients to not need any medications for up to four years following treatment.

Harley Installed as Ohio ACOFP President



Douglas W. Harley, DO, of Fowler, was installed as the 2012-2013 Ohio ACOFP president at the organization's annual meeting, held April 19, during the Ohio

Osteopathic Symposium. Harley has been active within the osteopathic professional leadership since 2005 when he completed his residency and joined the Ohio ACOFP Board of Governors. Over the past seven years he has been an important voice on the Board and has held every officer position. In addition, he served a term on the OOA Board of Trustees and is currently an officer of the Eighth District (Akron/Canton) Academy of Osteopathic Medicine and Surgery. At the national level, he serves on the ACOFP Editorial and Audit Review committees and the AOA Council on Scientific Affairs and the Council on Research Grants.

A dedicated educator, he serves as clinical associate faculty for the Family Medicine Residency program at Akron General Medical Center and holds several academic appointments, including clinical assistant professorships at Lake Erie College of Osteopathic Medicine, Northeast Ohio Medical University, and OU-HCOM. Additionally, he is as clinical preceptor for the University of Mount Union physician assistant program.

Ohio ACOFP Honors Angel

Ohio ACOFP presented Victor D. Angel, DO, of Cincinnati, with the Distinguished Service Award for his



long history of service to the osteopathic profession locally and statewide. He received the award during the Ohio Osteopathic Symposium. Angel is a past

president of the OOA and served for five years as president of the Cincinnati Academy of Osteopathic Medicine. He currently organizes CME programs and membership events for the Academy and has been successful getting osteopathic medical students involved and connected to DOs in the area.

In private practice in Cincinnati since 1980, he started his medical career as a surgeon and then changed about 12 years ago to devote his practice exclusively to family medicine.

He has been active in his community and has volunteered his leadership skills at the YMCA and Warren County Health Commission. In addition to serving his profession and his community, he has served his country. As a lieutenant colonel in the US Army Reserves, Angel served tours in Iraq in 2003 and 2005.

STORY CONTINUED ON PAGE 10

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Marx Wins Adovcates Spirit Award



Rebecca Marx, of Youngstown, received the Osteopathic Spirit Award during a special presentation at the Ohio Osteopathic Symposium. She is the ninth recipient to receive

the award, sponsored by the Advocates for the OOA, which is given annually to a person who exemplifies tremendous dedication and years of support to the profession.

Marx first became involved with the profession as a member of the Student Auxiliary Association in 1983 in Kirksville when her husband, Robert J. Marx, DO, started medical school. She continued serving through her local and state chapters and has served as secretary for the AOOA the past 14 years. For the 2012-2013 program year, she will serve as treasurer.

Professionally, she has contributed her time in the public school system as an educator and has actively presented the Yellow Ribbon suicide prevention program throughout her local area. As a wife and mother, she has had to close her husband's private surgical practice twice as he served overseas in the Middle East being deployed six times to Iraq, Afghanistan, Kosovo and other parts of the world.

Becker Receives Young FP of the Year Award

Kelly M. Becker, DO, of Strongsville, was named Ohio ACOFP's Young Family Physician of the Year for 2012.



She received the award, April 19, during the Ohio Osteopathic Symposium. According to her

office manager, Becker, who practices in her hometown, is adored by

her patients, respected by her physician peers and appreciated by her staff.

She enjoys the wide spectrum of family practice—with special interests in preventive medicine, sports medicine, dermatology and women's health. While her practice serves all ages, she has been particularly successful with adolescent girls and teens.

Active in her community, Becker

serves as team physician for soccer, football, and wrestling; writes healthrelated articles for her local newspaper; has made numerous appearances on local radio stations to talk about health issues; has been interviewed on two Cleveland-area TV shows about medicine; and is a frequent speaker for community and civic groups in Strongsville and Middleburg Heights.

In addition, she is physician leader for the "Seasons of a Women's Life" program at her hospital and in February was a physician advocate during Women's Heart Health Month.

Her husband Brian Jungeberg serves on the national Board of the ACOFP Auxiliary.

The award recognizes outstanding DOs who have been in practice in Ohio less than five years. Honorees must be members in good standing of the ACOFP, Ohio ACOFP, OOA and their local District Academy.

Family Practice Residents Win Awards

Jonathan A. Winner, DO, a resident at Doctors Hospital Family Practice in Columbus, was named Ohio ACOFP Resident of the Year. The



award recognizes his leadership, compassion and demonstrated commitment to osteopathic philosophy, patient care, community involvement and education. Winner is self-

motivated, always focused on bettering the team, has a positive attitude and works to be a counselor and advocate for residents and students alike. He is a true champion for osteopathic medicine and has a passion for education. At Doctors, he plays an active and important role in the intern and resident recruitment and interview process, provides lectures to the students based at the Columbus CORE and is an excellent role model.

Each year, Ohio ACOFP and the Centers for Osteopathic Research and Education (CORE) Family Practice residency directors jointly sponsor a Family Practice Residency Paper competition. The 2012 awards carried cash prizes of \$1,000, \$750 and \$500 made possible by a grant from the Osteopathic Heritage Foundation.

The winning papers were *Screening Intimate Partner Violence in Primary* Care: A Survey of Battered Women's Shelters in Two Ohio Counties by Melissa O. Juliano, DO, of Summa Western Reserve Hospital; The Incidence of Chlamydia Screening at Doctors Hospital Family Practice: A Clinical Assessment Program Analysis, a joint paper by Alex S. Tsai, DO, and Sharon Lee Witt, DO, of Doctors Hospital; and A Case Study in Alpha-1-Antitrypsin Deficiency by James A. Rider DO, of St. Joseph Health Center.

Research Exhibition Held, Four Win Awards

The annual poster contest at the Ohio Osteopathic Symposium grew 15 percent this year. Sponsored by the OOA, Centers for Osteopathic Research and Education (CORE) and OU-HCOM, the Regional Poster Exhibition & Competition included participants from eight states: Ohio, Missouri, Illinois, Washington, Virginia, Kentucky, Arizona and Iowa. It was the second year the exhibit was regional.

"I am delighted with the growth we have experienced in our poster competition and exhibition over the past several years," said CORE Research Director Grace Brannan, PhD. "We are proud to feature resident and student research and reward them for outstanding research efforts in osteopathic medicine. We look forward to our continued partnership with the Ohio Osteopathic Association as our regional competition grows."

Competition was open to osteopathic residents, interns and medical students. Research posters were judged in two categories: case reports and clinical/biomedical. The first and second place posters in each category received \$1,000 and \$500, respectively. Faculty, osteopathic physicians and other medical educators exhibited research posters, but were ineligible to compete.

The winners were Kevin Swiatek, OMS II from OU-HCOM, for Exploring the Molecular Mechanism of How C-10 Reverses Insulin Resistance in a Mouse Model of Obesity-Induced Type 2 Diabetes Mellitus; Andrew Vogel, OMS I, OU-HCOM, for SapF-Medicated Heme Iron Utilization Enhances Persistence and Coordinates Biofilm Architecture of Haemophilus; Chase Scarbrough, OMS IV, OU-HCOM, for Transdermal Metformin: A Case Series Review of a Novel Application of Metformin; and Dharmpal Vansadia, DO, a second Sincere thanks and appreciation to all exhibitors, grant donors, and special contributions. Their support enhanced the quality of the program.



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year orthopedic resident at Grandview Medical Center in Dayton, for *Release* of Post-Traumatic Wrist and Metacarpal-Phalangeal Joint Contractures.

In all, 82 abstracts were submitted for this year's event. Of the poster abstracts accepted for the competition, 31 posters presented case reports and 42 posters presented the findings of clinical/biomedical research. Nine additional posters were exhibited, but were not eligible for competition.

Three Exhibitors Win Awards

Three exhibitors took home special prizes from the Ohio Osteopathic Symposium: Millennium Laboratories won Best Overall Exhibit; Ohio Health Information Partnership won Judges' Choice and Flexible Footwear was named Most Educational Exhibit.

The 45 exhibits at the Trade Show were evaluated on a variety of factors, including enthusiasm, visual impact, support of the profession, timeliness of content and staff friendliness. Exhibits were open all day on April 19 and closed the next day at noon.

Exhibitor judges were: Melinda E. Ford, DO, of Athens; Douglas W. Harley, DO, of Akron and Michael Dietz, DO, of Cincinnati.

Attendees who visited exhibitors and had special prize cards signed were entered into a drawing for cash prizes. The winning physicians were: Stuart B. Chesky, DO, of Vermilion; Michael E. Dietz, DO and Robert L. Hunter, DO.

Top Left: OU-HCOM Dean Jack Brose, DO, and his wife Linda at the special reception held in his honor. Top Right: Christopher J. Loyke, DO, of Cleveland, and Victor D. Angel, DO, of Cincinnati. Center Right: Gary L. Saltus, DO, Anita M. Steinbergh, DO, and Richard J. Snow, DO, all of Columbus. Bottom Right: Symposium Co-Chair Robert L. Hunter, DO, of Dayton, and his "assistant" Sean Jackson Lach. Bottom Center: AOA President Martin S. Levine, DO, of New Jersey. Bottom Left: Exhibitor Marie Gumbert (left) of Flexible Footwear Company, winner of the Most Educational Exhibit Award.













DOs Elect Officers, Create New OOA District, Debate Health Policy

b s from across Ohio convened April 20-21, 2012, at the Hilton at Easton Town Center in Columbus, for the OOA House of Delegates where they elected officers, adopted policy positions that affect Ohio's health care delivery system, and debated 15 resolutions—including a Board proposal to combine the Warren and Youngstown academies.

Delegates unanimously approved the redistricting resolution, which was first addressed at last year's House in the adopted *OOA Strategic Plan 2011-2013*. The new Western Reserve Academy of Osteopathic Medicine consists of Trumbull, Mahoning, Columbiana, Carroll, Harrison and Jefferson counties.

John F. Ramey, DO, of Sandusky, was installed as OOA president for 2012-2013 and the following slate of officers was approved: President-elect Robert L. Hunter, DO, of Dayton; Vice President Paul T. Scheatzle, DO, of Canton; and Treasurer Robert W. Hostoffer, Jr., DO, of Cleveland.

Speaker of the House John F. Uslick, DO, of Canton, and Vice Speaker Stuart B. Chesky, DO, of Vermilion, presided over the meeting. Both were re-elected to another term. In addition, Gilbert S. Bucholz, DO, and M. Terrance Simon, DO, were each elected to a three-year term on the Ohio Osteopathic Foundation Board of Trustees.

OOA's outgoing president Albert M. Salomon, DO, provided a review of the year, noting the organization's numerous accomplishments regarding governance, research, education, advocacy, and teamwork/family. Salomon said the Board of Trustees used the G.R.E.A.T. acronym, as outlined in the strategic plan and approved by the 2011 House, throughout the year to provide direction and focus.



State Rep. Terry A. Johnson, DO, of McDermott, the first osteopathic physician to serve in the Ohio General Assembly, was a special guest at the event.



John F. Ramey, DO, of Huron, was installed as OOA president for 2012-2013 during the Symposium.

"It was a banner year," he said. "But none of it would have been possible without a clear vision for the future."

In addition to Salomon, others providing reports included AOA President Martin S. Levine, DO; AOA Executive Director John B. Crosby, JD; AAOA President Sherri L. Martin; AOOA President Mary Schreck; Ohio Medical Board Representative Anita M. Steinbergh, DO; and Lt. Col. Kathy Lowrey, of the Ohio National Guard, who presented OOA Executive Director Jon F. Wills with a certificate of appreciation.

Two Reference Committees met the first day to evaluate the merits and shortcomings of each resolution and conduct a five-year review of existing policies. Committee chairs then provided a report the following day to the entire House.

James E. Preston, DO, of Sandusky, chaired the Professional Affairs Committee and the following served on the panel with him: John C. Biery, DO; William J. Burke, DO; Sandra L. Cook, DO; Nicholas G. Espinoza, DO; Sharon George, DO; Douglas W. Harley, DO; Jennifer J. Hauler, DO; Sean D. Stiltner, DO; and Carol Tatman, staff.

The Public Affairs Committee was led by Robert L. Hunter, DO, and the following served on the committee: John C. Baker, DO; Melinda E. Ford, DO; Simon Fraser, OMS I; Roberta J. Guibord, DO; Ioanna Z. Giatis, DO; Paige S. Gutheil Henderson, DO; Daniel J. Raub, DO; and Staff Jennifer Horvath and Cheryl Markino.

David D. Goldberg, DO, of Dayton, chaired the Credentials Committee.

New Policy Statements Adopted

Delegates adopted two new positions. The full text of both is printed here.

Creation of the Western Reserve Academy of Osteopathic Medicine

WHEREAS, the 2011 Ohio Osteopathic Association House of Delegates approved a three-year Strategic Plan, which in part called for creation of an Ad Hoc Committee to reduce the number of OOA districts; and

WHEREAS, the OOA Board of Trustees has appointed a strategic committee of the OOA Board focused on governance and redistricting; and

WHEREAS, the Board Governance Committee has discussed preliminary strategies for redistricting, but believes that any changes in OOA Districts must be accomplished methodically and in consultation with the membership in each district; and

WHEREAS, the leadership of the Warren and Youngstown academies held a meeting on April 4, 2012, and recommended the creation of a new district in Northeast Ohio to be known as the Western Reserve Academy of Osteopathic Medicine; and

WHEREAS, the OOA Board of Trustees approved the recommendations of the Warren-Youngstown Academy leadership work by poll vote; and

WHEREAS, Article I, Section 1, of the OOA Bylaws gives the OOA Board of Trustees the authority to divide the state into districts; and

WHEREAS, Article I, Section 2, requires any redistricting involving more than one county to be also approved by the OOA House of Delegates; now, therefore be it

RESOLVED, that the OOA House of Delegation approve Phase I of the OOA Board of Trustees' Strategic Redistricting Plan by creating a new district to be known as the Western Reserve Academy of Osteopathic Medicine, by combining the geographical area formerly comprising the Warren and Youngstown academies, which includes Trumbull, Mahoning, Columbiana, Carroll, Jefferson and Harrison counties.

Food Allergies and Mandates on School Lunches

WHEREAS, food allergy is a potentially serious immune response to eating specific foods or food additives, and eight types of food account for over 90 percent of allergic reactions in affected individuals, including milk, eggs, peanuts, tree nuts, fish, shellfish, soy, and wheat; and

WHEREAS, in 2007, the reported food allergy rate among all children younger than 18 years was 18 percent higher than in 1997. During the 10-year period 1997 to 2006, food allergy rates increased significantly among both preschool-aged and older children; and

WHEREAS, recent data show hospitalizations with diagnoses related to food allergies have increased among children; and

WHEREAS, the Ohio Osteopathic Association realizes that the Division of Child Development and Early Education at the Department of Health and Human Services requires all lunches served in pre-kindergarten programs — including in-home day care centers — to meet USDA guidelines; and

WHEREAS, a preschooler at West Hoke Elementary

School, in North Carolina, on January 26, 2012, was forced to purchase a school lunch (including chicken nuggets, fried potatoes, applesauce, and milk), over a packed home lunch because a state inspector interpreted the toddler's lunch her mother packed (a turkey and cheese sandwich, potato chips, banana, and apple juice) was not nutritious based on the USDA guidelines; and

WHEREAS, children with food allergies may pack school lunches to prevent allergic reactions to lunches provided by schools; and

WHEREAS, the Centers for Disease Control and Prevention, preeminent Children's Hospitals, and the American Osteopathic Association all support an all-inclusive approach to the treatment of childhood nutrition and wellness, including educational programs in the community and within schools, better access to healthier foods, and more physical activity within schools; now, therefore, be it

RESOLVED, that the Ohio Osteopathic Association advocates a holistic approach with respect to childhood nutrition and wellness without mandates that force potentially food allergic children to purchase school lunches; and, be it further

RESOLVED, that upon successful passage of this resolution, a copy be submitted to the American Osteopathic Association for consideration and discussion at its 2012 House of Delegates meeting.

Existing Position Statements Amended and/or Reaffirmed

By action of the Board of Trustees, the OOA Resolutions Committee submits each policy statement to the House of Delegates every five years for reaffirmation, deletion or amendment. The "whereas" clause is deleted when a resolution is reaffirmed.

Antibiotics for Medical Treatment, Preservation of

RESOLVED, that the Ohio Osteopathic Association continues to support legislation banning feed additive uses of antibiotics for non-therapeutic purposes (such as growth promotion, feed efficiency, weight gain, and routine disease prevention), where any clinical sign of disease is non-existent.

Continuing Medical Education, State-Mandated, Subject Specific

RESOLVED that the OOA continues to oppose any legislation that would mandate subject-specific CME requirements for Ohio physicians, unless there is an extraordinary and/or overwhelming reason to do so, and be it further

RESOLVED that the OOA administrative staff and Committee on State Health Policy work with state legislators to address the concerns and requests by the public sector for subject-specific CME for physicians licensed in Ohio with respect to healthcare issues requiring legislative action; and be it further;

RESOLVED, that the Ohio Osteopathic Association will continue to be sensitive to addressing these concerns in the planning and implementation of its statewide CME programs. (Original 2002)

Current Procedural Terminology Code (CPT) Standardized Usage For Third Party Payers

RESOLVED that the Ohio Osteopathic Association (OOA) continues to seek legislation to require all third party payers doing business in Ohio to solely utilize Current Procedural Terminology (CPT) coding as published by the American Medical Association for the reporting and reimbursement of medical services and procedures performed by physicians; and be it further

RESOLVED that the OOA supports legislation to prohibit third party payers doing business in Ohio from indiscriminately substituting their own internal coding for any published CPT code – and in particular those related to osteopathic manipulative treatment; and be it further

RESOLVED that the OOA continue to work with the Ohio Department of Insurance, the Ohio Association of Health Plans and/or interested provider organizations and coalitions to expedite the universal usage and annual updating of CPT coding in Ohio. (Original 2002)

Direct Payment By Insurers

RESOLVED, that the Ohio Osteopathic Association supports legislation requiring all third party payers to reimburse providers directly rather than the policyholder. (Original 1982)

Disability Coverage For Physicians Who Are HIV Positive

RESOLVED that the Ohio Osteopathic Association supports language in all disability insurance contracts to define HIV positive status as a disability for all physicians, regardless of specialty, provided that the physician can demonstrate that this status has caused a significant loss of patients, income, or privileges. (Original 1992)

Driving Under the Influence of Alcohol And Other Mind-Altering Substances

RESOLVED that the Ohio Osteopathic Association continues to support legislation and programs designed to eliminate driving while under the influence of alcohol and other mind-altering substances. (Original 1982)

Emergency Department Utilization

RESOLVED that the Ohio Osteopathic Association continues to support policies and regulations which eliminate unnecessary patient utilization of high cost hospital emergency department services. (Original 1995)

Immunization Initiatives

RESOLVED that the Ohio Osteopathic Association continues to encourage the active involvement of its members in the promotion and administration of vaccination programs, which target at-risk populations in Ohio. (Original 1992)

Managed Care Plans, Standardized Reporting Formats for

RESOLVED that the Ohio Osteopathic Association (OOA) continues to support legislation to require all third party payers doing business in Ohio to utilize standardized billing, credentialing and reporting forms. (Original 1997)



OOA President John F. Ramey, DO, and his wife Kelly L. Ramey, DO.

Managed Care Plans, Quality Improvement and Utilization Review

RESOLVED that the Ohio Osteopathic Association continues to seek legislation to require all managed care organizations (MCOs) doing business in Ohio to be certified by the National Committee on Quality Assurance (NCQA). (Original1997)

Medicaid Support of GME Funding

RESOLVED, that the Ohio Osteopathic Association continues to support legislation to require the Ohio Department of Job & Family Services (Medicaid) to support and fund the costs of graduate medical education in Ohio. (Original 1997)

Medicare Mandatory Assignment

RESOLVED that the Ohio Osteopathic Association continues to oppose Mandatory Medicare Assignment as a condition for state licensure. (Original 1987)

Nursing Facilities, Tiered

RESOLVED that the OOA continues to support multiple levels of licensed nursing facilities and encourages osteopathic physicians in Ohio to promote quality independent living for senior citizens and to direct patients to appropriate tiered care as needed. (Original 1992)

OOA Smoking Policy

RESOLVED, that all meetings of the Ohio Osteopathic Association's House of Delegates, board of trustees, executive committee, education conferences and committees continue to be conducted in a smoke-free environment, and be it further;

RESOLVED, that the offices of the Ohio Osteopathic Association be declared a smoke-free environment with such policy to be enforced by the OOA Executive Director. (Original 1987)

Osteopathic Practice and Principles/Osteopathic Manipulative Medicine Curricula Standardization

RESOLVED that the Ohio Osteopathic Association (OOA) continues to support the development of a clear and demonstrable osteopathic component for every clinical rotation that a Phase III and Phase IV medical student is assigned to regardless of the location or preceptor that those students are assigned to or elected to rotate with; and be it further

RESOLVED that this process of establishing clear and demonstrable osteopathic components for each clinical rotation should extend into all accredited osteopathic residency programs and incorporated into the curricular standards of the osteopathic postdoctoral training institution (OPTI) programs; and be it further

RESOLVED that the OOA continue to monitor the progress of the American Osteopathic Association in implementing such standards through the Bureau of Professional Education and the OPTI Task Force., as directed by Resolution 306, passed by the American Osteopathic Association House of Delegates in 1997. (Original 1997, amended and affirmed 2002, reaffirmed 2007)

Physicians Exclusive Right To Practice Medicine

RESOLVED that the Ohio Osteopathic Association strongly endorses and reaffirms the current Ohio statute which recognizes osteopathic and allopathic physicians as the only primary care providers qualified to practice medicine and surgery as defined by Section 4731 of the Ohio Revised Code; and be it further

RESOLVED that the Ohio Osteopathic Association supports legislation that requires all third party payers of healthcare to recognize fully licensed DOs and MDs as the only primary healthcare providers in Ohio qualified to deliver, coordinate, and/or supervise all aspects of patient care. (Original 1997)

Physician-Patient Relationships

RESOLVED that the Ohio Osteopathic Association opposes any governmental or third party regulation which seeks to limit a physician's ability to offer complete, objective, and informed advice to his/her patients. (Originally passed, 1992 to address counseling on reproductive issues, amended to broaden the intent and affirmed in 1997)

Pre-Authorized Medical Surgical Services, Denial Of Payment

RESOLVED, that the Ohio Osteopathic Association (OOA) continues to support legislation that would prohibit any healthcare insurer doing business in Ohio from retrospectively denying payment for any medical or surgical service or procedure that has already been pre-authorized by the health insurer; and be it further,

RESOLVED, that the OOA encourages its members to file formal complaints with the Ohio Department of Insurance against any third party payer which retroactively denies payment for any medical or surgical service or procedure that was already preauthorized. (Original resolution 2002, amended and affirmed 2007)

Preventive Health Services

RESOLVED that the Ohio Osteopathic Association (OOA) continue to work with all interested parties to develop guidelines for the delivery and reimbursement of preventive medicine services. (Original 1992)

Quality Health Care, the role of Medical Staffs and Hospital Governing Bodies

RESOLVED, that the Ohio Osteopathic Association (OOA) encourages hospital medical staffs to remain selfgoverning and independent through bylaws, rules and regulations; and be it further

RESOLVED, that the OOA encourages hospital medical staffs to maintain independence in exercising medical judgments to control patient care and establish professional standards accountable to the hospital governing body, but not surrendering authority; and be it further

RESOLVED, that the OOA encourages hospital medical staffs and hospital governing bodies to respect the rights and obligations of each body and together be advocates to insure that quality health care is not compromised. (Originally passed in 1987, amended by substitution in 1992, amended and affirmed in 1997, reaffirmed in 2002)

Quality of Life Decisions

RESOLVED, that the Ohio Osteopathic Association and its members continue to participate in ongoing debates, decisions and legislative issues concerning quality of life, dignity of death, and individual patient decisions and rights. (Original 1992)

Reimbursement Formulas for Government Sponsored Health Care Programs

RESOLVED, that the Ohio Osteopathic Association continues to seek equitable reimbursement formulas for Medicare, Medicaid and other government- sponsored healthcare programs; and be it further

RESOLVED, if payment for services cannot be at acceptable, usual, customary and reasonable levels, that the Ohio Osteopathic Association continues to seek other economic incentives, such as tax credits and deductions to enhance the willingness of physicians to participate in these programs. (Original 1992)

School Bus Safety Devices

RESOLVED, that the Ohio Osteopathic Association supports legislation requiring the use of protective devices and restraints and/or any other measures to improve the safety of children in school buses in the state of Ohio. (Original 1987)

Third Party Payers, DO Medical Consultants

RESOLVED that the Ohio Osteopathic Association continues to urge all third party insurers doing business in Ohio to hire osteopathic physicians (DOs) as medical consultants to review services provided by osteopathic physicians (DOs) particularly in cases involving osteopathic manipulative treatment (OMT); and be it further

RESOLVED that third party review of claims from osteopathic physicians which involve OMT should only

be performed by a like physician who is licensed to practice osteopathic medicine and surgery pursuant to Section 4731.14 of the Ohio Revised Code and who has a demonstrated proficiency in OMT. (Original 1992)

Tobacco Control

- RESOLVED, that the Ohio Osteopathic Association: 1. Encourages elimination of federal and state subsidies
- for the tobacco industry; 2. Supports increased taxation on tobacco products at both the state and federal levels, and urges that any revenue from such taxes be earmarked for smoking reduction programs and research involving tobaccorelated diseases;
- 3. Encourages municipal, state and federal governmental agencies and lawmakers to enact clean indoor acts, a total ban on tobacco product advertising, and elimination of free distribution of cigarettes in the United States:
- 4. Urges schools to incorporate recognized tobacco use prevention courses in their health education curriculum.
- 5. Aggressively supports state and national efforts to eliminate smoking from all health care facilities, long term care facilities and public buildings;
- 6. Encourages adults to avoid smoking in private homes and vehicles when children are present;
- 7. Opposes the availability of cigarette vending machines in general and supports state and federal legislation that would further limit access to these machines by minors; and

8. Supports the position statements of Tobacco Free Ohio and the Ohio Tobacco Control Resource Group.

Information Technology Adoption and Interchange

RESOLVED, that the Ohio Osteopathic Association (OOA) continue to participate in efforts to advance health information technology adoption and health information exchange in Ohio with appropriate Health Insurance Portability and Accountability Act (HIPAA)-compliant privacy and security protections; and, be it further

RESOLVED, that the OOA continue to seek funding from public and private sector sources to help underwrite the cost of adopting and maintaining electronic health records (EHR) in physician offices. (Original 2007)

Ohio Medical Reserve Corps (OMRC)

RESOLVED, that the Ohio Osteopathic Association (OOA) encourages all of its District Academies to establish contact with the local Ohio Medical Reserve Corps (OMRC) units that have been established in counties within its district; and be it further,

RESOLVED, that the OOA encourages its members to register to become members of the OMRC and obtain necessary training to respond to state, local and national public health emergencies. (Original 2007)

Physician Fines

RESOLVED, that the Ohio Osteopathic Association opposes all punitive fines levied on physicians for acts committed by patients that are not under the absolute control of the physician.

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Physician Placement in Rural Areas

RESOLVED that the Ohio Osteopathic Association continue to work closely with the Ohio University Heritage College of Osteopathic Medicine, the Ohio Association of Community Health Centers and the Ohio Department of Health to encourage the placement of osteopathic physicians in rural and underserved areas in Ohio; and be it further

RESOLVED that the OOA support the establishment of physician practices in rural areas by identifying appropriate sources of information and financial assistance. (Originally passed, 1992)

School Multiple Allergen Exposure Emergency Plan

RESOLVED, that the Ohio Osteopathic Association urges all school districts in Ohio to adopt comprehensive allergen exposure emergency plans to protect students from food allergies and environmental allergies such as bee stings, mold, dust and fragrances; and be if further

RESOLVED, that the OOA work with the Ohio Department of Health and the Ohio Department of Education to investigate the feasibility of changing Ohio law to allow schools to maintain stocks of epi-pens to use on any student suspected of having an allergic reaction (anaphylaxis); and be it further,

RESOLVED, that the OOA encourages its members to assist school districts in developing these plans and help educate parents and school employees on how to use epipens in emergency situations.

Telemedicine

RESOLVED, that the Ohio Osteopathic Association

(OOA) continues to support affordable and uniform medical licensure requirements to enable physicians to practice medicine and surgery by utilizing telemedicine technologies; and, be it further

RESOLVED, that the OOA work with the Ohio State Medical Board and other Ohio physician organizations to develop rules that encourage innovation and access to physician services through telemedicine while ensuring quality and promoting effective physician-patient relationships.

Existing Policy Statements Deleted

As part of the five-year review, one position statement was recommended for deletion as it is no longer pertinent. The OOA House of Delegates approved the recommendation.

Securitization of Ohio's Tobacco Settlement Funds

The funds were securitized, but later used by the state to balance the budget in 2009.

Resolutions Defeated, Referred or Withdrawn

The Cleveland Academy of Osteopathic Medicine withdrew its resolution regarding CME Accreditation.

One resolution, RN Pronouncement of Death in the Hospice Setting, was disapproved.

Two resolutions, Spirituality in Medicine and Affordable Care Act Contraception Mandate were referred back to the author.









Top Left: David L. Tolentino, DO (right), president of the Cleveland Academy of Osteopathic Medicine, and Robert S. Juhasz, DO, at the OOA House of Delegates. Top Right: Stuart B. Chesky, DO, of Vermilion, M. Terrance Simon, DO, of Canton, and Katherine A. "Toni" Clark, DO, of Dayton. Bottom Right: Albert M. Salomon, DO, (right) congratulates Ohio Department of Health Director Ted Wymyslo, MD, who received an OOA proclamation for meritorious service following his lecture. Bottom Center: Olivia Sheehan, PhD, presented an evening lecture on social media in medicine. Bottom Left: Shawn Clark, OMS II (right) explains his research during the poster judging to Andrea Amalfitano, DO, and Jennifer Eaton, PhD.







Our future lies with the students and residents, and the only way to bring youth back into this program is to give them scholarly activities like we did this year.

—Timothy J. Barreiro, DO, Symposium Co-Chair





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